Terms of Use for Building Adult Friendships

Effective Date: February 23, 2025

Building Adult Friendships operates under the Simply Social Skills, LLC

1. Acceptance of Terms

By accessing and using Building Adult Friendships ("the Program"), including any associated online courses, social media communities, coaching sessions, videos, newsletters, and other resources (collectively, "Services"), you acknowledge that you have read, understood, and agreed to these Terms of Use. If you do not agree to these terms, you must refrain from using the Services.

2. Informational Purpose Only

The content provided in Building Adult Friendships is for informational and educational purposes only. The Program does not provide medical, psychological, or mental health services. The advice, strategies, and recommendations shared within the Services should not be interpreted as a substitute for professional mental health care, therapy, or medical treatment. If you require medical or psychological assistance, please consult a qualified healthcare professional.

3. No Professional-Client Relationship

Your participation in the Program does not establish a therapist-client, doctor-patient, or counselor-client relationship. You acknowledge that we offer coaching services and not mental health counseling. Engaging with any content, coaching, or community discussion does not constitute a professional mental health service.

4. User Responsibilities

You are responsible for your own well-being and decisions. The Program provides guidance on social skills and friendship-building, but you are solely responsible for implementing any suggestions. We are not responsible for any outcomes resulting from your participation in the Program.

5. Community Conduct

Participants engaging in the Building Adult Friendships community, including Facebook groups, webinars, and discussion forums, must adhere to respectful and supportive communication. We reserve the right to remove individuals who engage in harassment, hate speech, or any behavior deemed inappropriate by the Program administrators.

6. Payment and Subscription Services

Certain features of the Program, including but not limited to premium content, coaching sessions, and private community memberships, may require payment. All fees are non-refundable unless explicitly stated otherwise. We reserve the right to modify pricing at any time.

7. Intellectual Property

All content within the Program, including text, videos, worksheets, graphics, and course

materials, is the intellectual property of Building Adult Friendships and may not be copied, distributed, or used for commercial purposes without explicit permission.

8. Limitation of Liability

To the fullest extent permitted by law, Building Adult Friendships and its representatives are not liable for any direct, indirect, incidental, consequential, or punitive damages arising from your participation in the Program.

9. Modifications to Terms

We reserve the right to update these Terms of Use at any time. Changes will be effective immediately upon posting. It is your responsibility to review these terms periodically.

10. Contact Information

For any questions or concerns about these Terms of Use, please contact us at support@buildingadultfriendships.com